



## Chapter 1

# It's Almost Friday, Girls!

During the last class at school is when Sophia first noticed the strange smell in the hallway. That's also when she noticed that there were a lot of people scurrying back and forth, although she didn't stop to think what that might be about.

No, Sophia didn't ever mean to make anyone else feel bad, that was the last thing she wanted.

And when she saw Amelia and Elizabeth later in the cafeteria, she knew there was something very, very wrong. It was because they looked so worried.

It was almost like last night all over again. Mom had been telling Sophia to eat her broccoli, and you know how she feels about that!

Anyway, Elizabeth phoned to ask what Sophia was going to wear to school the next day. They checked in every night.

They were regarded as either the friendly or hostile manifestation of some higher powers, demoniacal and Divine. With the rise of scientific thought the whole of this expressive mythology was transferred to psychology; today there is but a small minority among educated persons who doubt that the dream is the dreamer's own psychical act.

But since the downfall of the mythological hypothesis an interpretation of the dream has been wanting. The conditions of its origin; its relationship to our psychical life when we are awake; its independence of disturbances which, during the state of sleep, seem to compel notice; its many peculiarities repugnant to our waking thought; the incongruence between its images and the feelings they engender; then the dream's evanescence, the way in which, on awakening, our thoughts thrust it aside as something bizarre, and our reminiscences mutilating or rejecting it—all these and many other problems have for many hundred years demanded answers which up till now could never have been satisfactory.

## Dreams

Before all there is the question as to the meaning of the dream, a question which is in itself doublesided. There is, firstly, the psychical